



Sun Safety Policy

Windmill Under 5s, Lacey Green and Loosely Row Sports Club, Main Road,
Lacey Green, Princes Risborough HP27 0PL
Registered charity no: 1026976

Version Control

Version	Date	Author	Comments
1.0	01.05.19	LC / NK / RM / TW	• New policy introduced
1.1	04.07.2019	LC/NK	• Reviewed policy in line with annual review schedule
1.2	02.07.2020	LC/NK	• Reviewed policy in line with annual review schedule

Reviews and Approvals

Policy adopted :	10 May 2019 by Windmill Under 5s Management Committee	
It was last updated:	2 July 2020	
It will be reviewed:	Summer Term (July) 2021	
Signed & dated:	Natasha Kann	Natasha Kann – Chairperson on behalf of the Management Committee

Safeguarding and Welfare Requirement: Health: Providers must take all necessary steps to keep children safe and well. The provider must promote the good health of children attending the setting.

Health

44. Sun Protection Policy

Policy statement

Too much exposure to ultraviolet light (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. Windmill Under 5s Preschool (Windmills) takes guidance from 'Sun Safe Nurseries' (<https://www.sunsafenurseries.co.uk>) and is committed to working in partnership with parents/carers, children and staff to reinforce awareness about sun safety and to provide an environment that enables children and staff to stay safe in the sun. Preschools can play a significant role in changing behaviours through role modelling and education from an early age.

Education and Role Modelling

- Sun safety will be promoted by working in partnership with parents/carers, children and staff to improve understanding of the harmful effects of too much exposure to UV.
- Staff will act as positive role models, setting a good example by seeking out shade whenever possible and wearing suitable clothing, hats and sun cream.
- This policy will be shared with parents/carers of children joining the preschool. Regular requests for parents/carers to support our Sun Safety Policy will be sent in parent communications/newsletters.

Sun Protection

- Much of the outdoor area used by Windmills is shaded by the surrounding trees and permanent canopy. Children will be encouraged to use the shaded areas during playtimes when possible.
- Parents/carers will be encouraged to dress their children in clothes that provide good sun protection.
- Parents/carers will be asked to send their children in with appropriate sun hats (wide-brimmed or legionnaire style). Windmills will make suitable hats available to children who do not bring a hat. Children will be required to wear a hat when they play outside.
- Parents/carers are responsible for applying sun cream to their children before the session starts in the morning.

- Parents/carers will be asked to supply a clearly labelled bottle of sun cream for their child, to be left in the setting. It is the parent's responsibility to inform staff and hand over their sun cream.
- Permission will be sought from parents to enable staff to apply sun cream to children during session time. If permission is not granted for medical, religious or other reasons, parents/carers should provide a letter for their child's file. Parents/carers will be asked to dress their children in a long-sleeved top if permission has not been granted for sun cream application during session time.
- Staff will routinely re-apply sun cream when a child stays past 12 noon for a lunch club and/or an extended afternoon session, and will re-apply more frequently if required. Staff will not routinely re-apply sun cream to children being picked up at 12 noon.
- Whilst parents are required to supply their own sun cream, Windmills will provide a suitable, high-protection sun cream (brand and UV protection details will be displayed on the Parent's Noticeboard in the foyer) as a back-up.
- Parents/carers are asked to provide water bottles for their children. Children will be encouraged to increase water intake in hot weather, particularly during outdoor play. Water is made available to children who have forgotten their bottles and water bottles will be re-filled when empty.